

Powers Volleyball Elite Skill Clinics

Intensive, specialized training days for improving your game NOW

Improve Each of Your Volleyball Skills!

[CLICK HERE for
2014 Schedule](#)

Attacking Specialty Clinics:

- ★ Coach Powers' Skill Isolation System pinpoints biomechanical movements that can add power to your attack
- ★ Secrets to improve your vertical jump for success at any height
- ★ Body Balance and Vision Training allowing you to see blockers and holes in the defense every time
- ★ Advanced training for multi-tempo offenses at any level of play
- ★ Special training for Left-Handed Athletes

Setting Specialists:

- ★ Speed, Footwork and Agility training for efficient and consistent ball contact
- ★ Vision Training for avoiding blockers and getting into an isolation offense
- ★ Powerful setter attack strategies
- ★ Set multi-tempo offenses and improve the success of your hitters



Serving and Serve Receive Specialists:

- ★ Effective serving mechanics for beginners, intermediate, and advanced players
- ★ Scoring consistently and Winning Strategies for Servers
- ★ Secrets for Consistent and Effective Body Positions when Receiving Serve
- ★ How to handle Jump Serves, Float Serves and Top-Spin Serves With Ease

Libero and Back Row Specialists:

- ★ Quickness to the ball - hint: it's NOT shuffling!
- ★ Platform control for precision passing
- ★ Vision control for optimal response to attacks and serves
- ★ Reading and anticipating any ball that comes your way



★ Hand passing and using it to your advantage