

# WANT COACH POWERS TO TEACH YOU THE SECRETS TO POWERFUL VOLLEYBALL, BUT YOU LIVE TOO FAR AWAY..?

**TRAIN WITH THE VOLLEYBALL WHISPERER  
NO MATTER WHERE YOU LIVE  
WITH VOLLEYEYE VIDEO COACHING.**

## *IT'S SIMPLE:*

**1. YOU SEND US YOUR VIDEO,**

**2. YOU GET BACK:**

- Coach Powers' Written **VolleyEye Video Coaching Report** which walks you through the best opportunities for improvement in each step of your skill performance,
- Coach Powers' personalized frame-by-frame biomechanical assessment of your movements from your submitted video, giving you personalized step-by-step instruction in how to best reach your optimal playing potential
- Each **VolleyEye Video Coaching** session gives you Coach Powers' recorded spoken analysis and Coach Powers' video animation highlights of every part of your skill performance with frame-by-frame pin-point accuracy
- And direct feedback from Coach Powers on how to improve your performance with clear and easy-to-follow coaching from The Volleyball Whisperer
- Customized & private coaching directly from Coach Powers to You...all without leaving home!
- **SPECIAL NOTICE: If you have a past volleyball-related injury and want to STOP it from happening again, this training is a MUST!**



***WITH COACH POWERS' VOLLEYEYE VIDEO COACHING, YOU'LL LEARN:***

- Why the biomechanical body movements most people learn -including you and even your coaches- typically fail and often lead to unnecessary injury,
- Why the instincts most people have about playing powerful volleyball are exactly the opposite of what they should doing to be at an elite level in the sport,
- Why even the best athletes don't use even half of their natural power and strength in the sport
- Where the optimal power-point position for each volleyball skill is and how to identify yours quickly and consistently,
- Critical body/balance training techniques that will allow you to stay injury-free and be quicker than your teammates and your opponents
- Simple psychological movement triggers and easy movement patterns that will allow you to self-coach and self-correct anytime you need help, even during a match!
- How to eliminate movement patterns that reinforce old, bad habits and overcome them with powerful, confidence-building mental cues
- Easy-to-master training techniques that will improve your game in minutes to build confidence and consistency no matter what level your skill.
- Personalized pin-point body biomechanics for every part of this great sport including: serving, setting, attacking, passing, layouts, and more...

**PRIVATE TRAINING WITH COACH POWERS COSTS MORE THAN \$245 PER SESSION, NOT INCLUDING TRAVEL, HOTEL, FOOD AND RELATED EXPENSES. DEPENDING ON WHERE YOU LIVE, A TWO-DAY SESSION WITH COACH POWERS COULD COST WELL OVER \$2500 FOR ONE STUDENT AND THEIR PARENTS TO VISIT AND TRAIN. THAT'S WHY WE'VE INTRODUCED VOLLEYEYE VIDEO COACHING:**

**WITH VOLLEYEYE VIDEO COACHING, YOU NEVER HAVE TO LEAVE HOME TO EXPERIENCE THE UNBELIEVABLE TRAINING INSIGHT FOR WHICH COACH POWERS IS KNOWN. YOU SIMPLY PROVIDE US WITH YOUR BEST VIDEO CLIP\* AND RECEIVE THE AMAZING TRAINING POWER OF THE VOLLEYBALL WHISPERER RIGHT IN THE COMFORT OF YOUR HOME.**



## GUIDELINES FOR SUBMITTING YOUR VIDEO CLIP FOR VOLLEYEYE VIDEO COACHING:

- Include 3-5 repetitions of the athlete performing the skill you want help with
- Total file (we prefer .mp4 or .mov) should not exceed 3 minutes
- One athlete performing One Skill per submission:
  - Attacking
  - Serving
  - Setting
  - Passing
  - Blocking
- Record athlete in front and to the side from same side of net at approximately a 45-degree angle from athlete
- Show entire body within video frame, including starting and completion of skill
- REMINDER: The ball is NOT important! Keep the camera still and include complete length of the athlete (feet and outstretched arms) throughout the movement.
- Footwork is especially important - do not worry about the ball being in the frame.
- All movement as athlete begins and completes the skill is also VERY important, please include the complete skill movement for best analysis.

## COST:

- \$75 per VolleyEye Coaching Session. You submit video of the skill of your choice (see our video submission guidelines above) and receive the best of The Volleyball Whisperer Coaching JUST FOR YOU!
- Multiple VolleyEye Coaching Sessions with The Volleyball Whisperer can help accelerate your learning throughout the year!

- \$200 (10% Bulk Discount!) for 3 video submissions over a 12-month period.
  - Perfect for Video Coaching for multiple skills, or
  - Have Coach Powers help you progress in one skill throughout the year
- \$360 (20% Bulk Discount!) for 6 video submissions over a 12-month period.



**FOR EVEN MORE VALUE, SCHEDULE A LIVE 30-MINUTE PHONE CONSULTATION TO DISCUSS YOUR VOLLEYEYE VIDEO SESSION WITH COACH POWERS!**  
[EMAIL LINK]

#### **YOU WILL RECEIVE:**

- ★ Personalized skill, movement, and biomechanical efficiency analysis from Coach Powers himself, not an assistant coach or generic overview of your skill
- ★ Access to the wisdom of more than 40 years of training expertise and 25,000 athletes trained specifically for powerful and successful volleyball
- ★ Written VolleyEye Video Coaching Report of your personal video volleyball skill, written for you by Coach Powers
- ★ Your very own Personal VolleyEye Coaching Video, reviewing your skill frame-by-frame with Coach Powers' personal narration and visual cue animation to help you see exactly how to improve each aspect of your skill!